

## Get Ready

for a healthier workspace

Good health is good for your business.

Show you care by hosting a Wellbeing Day

We understand just how much you value your staff. They're the lifeblood of your business. And to win in business, you need to keep them healthy, productive and loyal.

Hosting a Wellbeing Day is great way to show how much you care about your people. It's also an ideal opportunity to give them tips on how to feel great at work whilst enjoying a healthy life.

## Look forward to a successful event

As the specialists for workspace wellbeing, your Wellbeing Day is in good hands with Fellowes, the healthy working specialists. All you need to do is reserve space for the event in a refreshment area, meeting room or reception and we'll do all the rest. That includes:

- Event Invitation
- Event Banner
- Fellowes Workspace Wellbeing Experts running the Event
- Dynamic Workspace Exhibition

- Wellness Surveys
- Healthy Working Desk Tests
- Free Online Workstation Risk Assessments
- Healthy Working Products Showcase

In addition, you may want to extend the event to other health-conscious specialists in your area, such as:

- Local Leisure Centre / Gyms
- Healthy Eating Delicatessen
- Nutrition Experts
- Masseurs / Physiotherapists
- Stress Management Professionals

Your Wellbeing Day will help you to:

- · Improve the health and wellbeing of your staff
- Improve collaboration between colleagues
- Support you to deliver social and corporate responsibility

## Which will then help to:

- Increase productivity
- Reduce absenteeism
- Cement loyalty
- Attract top talent and retain it

With our support, you can get ready for a healthier workplace.







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