

Time zones



-11 01:00 -10 02:00 -9 03:00 -8 04:00 -7 05:00 -6 06:00 -5 07:00 -4 08:00 -3 09:00 -2 10:00 -1 11:00 -0 12:00 +1 13:00 +2 14:00 +3 15:00 +4 16:00 +5 17:00 +6 18:00 +7 19:00 +8 20:00 +9 21:00 +10 22:00 +11 23:00 +12/-12 24:00



Los Angeles
4am



New York
7am



London
12 noon



Paris/Berlin
1pm



New Delhi
5.30pm



Beijing
8pm



Tokyo
9pm



Sydney
10pm