

## **GETTING YOU WORKING WELL** FOR LIFE

# THE UPSIDE OF PREVENTION MINIMISING THE RISK

### BELIEVE APPROACHES TO WORKPLACE HEALTH NEED TO BE LONG TERM

and not just quick, short-term fixes, in order to future proof an ageing workforce

## **BELIEVE WORK PLACE ABSENCES COULD BE PREVEN**

by investing in purpose-built products such as back supports and foot rests



The biggest reasons for using make-shift solutions



The biggest areas where employees have made adjustments with make-shift solutions MONITOR | FLOOR/FOOT | KEYBOARD CHAIR 39% 33% 24% 23%

SOURCE: 2016 INDEPENDENT COMMISSIONED RESEARCH BY FELLOWES