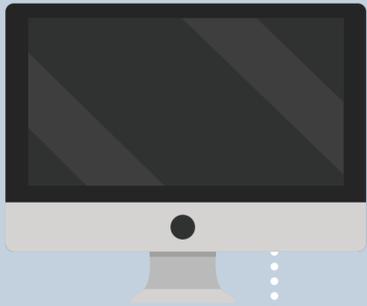


Fellowes

WORK BETTER™

GETTING YOU WORKING WELL FOR LIFE

ACHES AND PAINS WORKPLACE WOES!



MOST LIKELY AILMENTS SUFFERED WORKING AT A COMPUTER

NECK ACHE **31%**

BACK ACHE **44%**



HEAD ACHE **46%**

TENSE SHOULDER **38%**

58%

Claim productivity and performance has been affected as a result of such ailments

TIME OFF WORK

25%

Have had to take time off work due to such health problems. On average workers taking 14 days off work



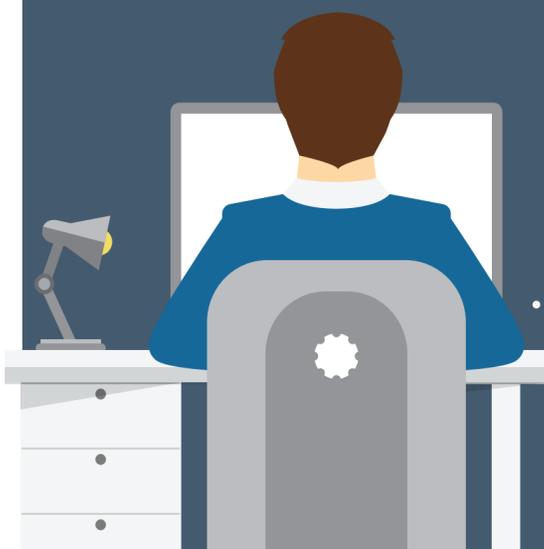
45% Employees have taken **MEDICATION**

25% Employees have visited a **PHYSIOTHERAPIST**

13% Have had to give up their **HOBBIES**

OVER HALF
52%

Have not informed their line manager about their ailments. Just a small minority **10%** informed the HR Department or Health and Safety contact **9%** about their problems.



ONLY 22% Have had a **WORKSTATION RISK ASSESSMENT** IN THE LAST 6 MONTHS

35% Have never had a Workstation Risk Assessment at all