

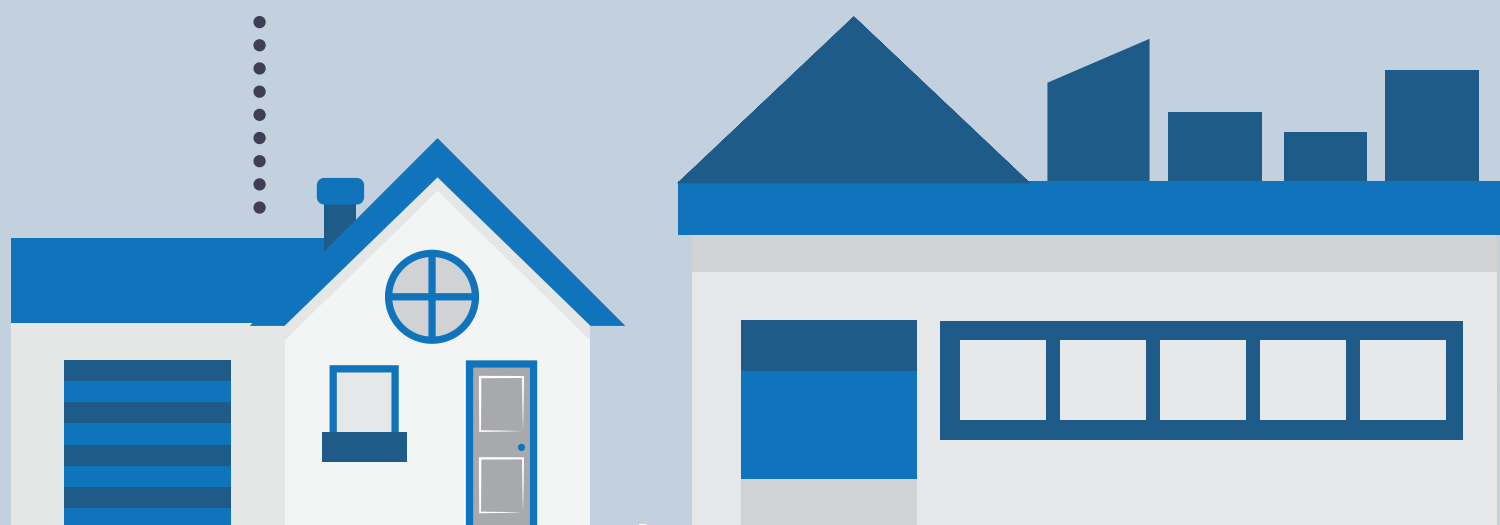
Fellowes

GETTING YOU WORKING WELL FOR LIFE

PERCEIVED HEALTHY WORKING WORKING WELL FOR LIFE?

PERCENTAGE OF INDIVIDUALS WHO PRIORITISE
OR TRY TAKE GOOD CARE OF THEMSELVES AT....

HOME **82%** WORK **79%**



34%

FEEL THEY HAVE LITTLE OR NO
CONTROL OVER THEIR HEALTH
AND WELLBEING AT WORK
NOTABLY HIGHER THAN OUTSIDE WORK 8%

BELIEVE WORKPLACE HEALTH AND WELLBEING
SHOULD BE MORE OF A PRIORITY AT THEIR COMPANY

79%

THE MOST IMPORTANT PERCEIVED FACTORS FOR — WELLBEING AT WORK —

95% OFFICE
ENVIRONMENT

92% EMPLOYEE
WORKSTATIONS



84%
EMPLOYERS
PRIORITISING
WORKER HEALTH
AND WELLBEING

95% HAVING
WORK RELATED
STRESS
UNDER CONTROL

73%

BELIEVE COMPANIES WITH STRONG
HEALTH AND WELLBEING ETHICS
ATTRACT THE BEST STAFF